

PARTICIPANT HANDBOOK



SIXTH CIRCUIT TREATMENT COURT DRUG COURT & DUI COURT

WEDNESDAYS 9:00 A.M.

**STANLEY COUNTY COURTHOUSE
08 E. 2ND AVENUE
FORT PIERRE, SD 57532
(605) 223-7618**

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WELCOME TO TREATMENT COURT!

The Sixth-Circuit Treatment Court consists of Drug Court and DUI Court. Both courts will give you tools to change your life and a chance to break the cycle of addiction and crime. The program uses community supervision, treatment, and drug testing and/or alcohol monitoring to help you change. You will have regular contact with the Judge, probation, and treatment. You will participate in addiction and mental health treatment, group and individual treatment sessions, regular Treatment Court sessions, drug/alcohol testing, and recovery support meetings (AA, NA, etc.). Other activities should be expected because each person's path to recovery is different. Drug/DUI Court takes at least 16 months to complete.

The goal of Treatment Court is **RECOVERY**, not just sobriety. "Recovery" is defined as a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.

TREATMENT COURT GIVES YOU A CHANCE TO IMPROVE YOUR:

Health



- ◆ Achieve sobriety
- ◆ Address mental health problems
- ◆ Improve physical health

Home



- ◆ Have a safe and stable place to live
- ◆ Have a clean and healthy place to live

Purpose



- ◆ Have meaningful daily activities (job, school, volunteering, family caretaking, creative projects)
- ◆ Be a productive member of society

Community



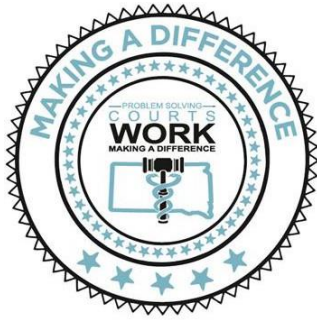
- ◆ Build relationships and social networks that provide support, friendship, love, and hope

You must follow the rules of Treatment Court and the directions given by the Treatment Court Judge and Team. **Read this Handbook carefully.** It tells you what to expect in Treatment Court. You can share this handbook with your family and friends.



The Judge and the Team are here to help you, but **the final responsibility is yours.** We know that **with hard work, honesty, and commitment to recovery you can be successful.**

TREATMENT COURT TEAM



- ◆ Judge Christina Klinger
- ◆ Judge Margo Northrup
- ◆ Coordinator Courtney Tedder
- ◆ Court Services Officer Tara Huebner and Courtney Tedder
- ◆ Prosecutor Tom P. Maher (Stanley County)
- ◆ Prosecutor Casey Deibert (Hughes County)
- ◆ Defense Attorney Katie Thompson
- ◆ Addiction Treatment Provider Linda Schumacher (CAC)
- ◆ Mental Health Treatment Provider Kristin Meyers (CAC)

Defense Attorney: Katie Thompson

124 W. Dakota Ave. Suite 3, Pierre, SD 57501
(605) 222-3071 | Email: kjt@thompsonlaw.co

Court Services: Tara Huebner and Courtney Tedder

Stanley County Courthouse
08 E. 2nd Avenue, Fort Pierre, SD 57532
(605) 223-7618

Capital Area Counseling: Kristin Meyers and Linda Schumacher

2001 Eastgate Ave. Pierre, SD 57501
(605) 348-8026

Prosecutor: Tom P. Maher, Stanley Co. States Attorney

204 N. Euclid Ave., Pierre, SD 57501
(605) 224-0491 | Email: tpm@maherlaw.org

Prosecutor: Casey Deibert, Hughes Co. States Attorney

Hughes County
104 E. Capital Ave., Pierre, SD 57501
(605) 773-7462

PARTICIPANT RIGHTS

By agreeing to be in Treatment Court, you have given up some of your rights (disputing search/seizure/traffic stops, preliminary hearing, trial by jury or court, remain silent, etc.).

You have given permission for treatment to share information with the Treatment Court Team.

Treatment Court is open to the public. The Team cannot tell how the news might use your identity. The Team cannot stop them from sharing information that is public record.



DEFENSE ATTORNEY

Treatment Court Defense Attorney Katie Thompson will be your defense attorney the whole time you are in Treatment Court. You have the right to get your own attorney if you want. Even though Attorney Thompson is a member of the Treatment Court team, she is also your **attorney**. You have attorney-client privilege, which means you can share confidential information with her that she cannot share with the team unless you give her permission.

Attorney Thompson's job is to help you understand your rights and the requirements of the Treatment Court program. The Judge makes all final decisions, but Attorney Thompson will advocate for you to the Judge and the team. Attorney Thompson will defend your legal rights, make sure you get fair and equivalent treatment, and share your view on things like incentives and sanctions, phase advancement, and graduation or termination. Attorney Thompson may represent you in evidentiary hearings if you want to question the facts used to decide on sanctions or terminations. Attorney Thompson may also represent you if you are facing termination from Treatment Court. Attorney Thompson's representation will be controlled by the Rules of Professional Conduct for any Conflicts that may arise.

Attorney Thompson will attend Treatment Court sessions, and she can answer questions you might have during Court. You should contact her **before** Court, if possible, to talk about any issues that might come up. You can reach her by calling her at **(605) 222-3071**, or by email at kjt@thompsonlaw.co. You can call her or email her for free from the jail.

TREATMENT COURT SCHEDULE

TEAM STAFF MEETINGS: 8:00 AM ON WEDNESDAYS

The Team talks about participants before each Treatment Court session. Drug testing, attendance, participation and cooperation, employment, and other topics are shared. The Team will talk about your progress and any problems you have. Team Staff Meetings are closed to the public. You do not have a right to attend Team Staff Meetings. You might be invited to Team Staff Meeting by the Team to talk about private issues if needed.

TREATMENT COURT (DRUG COURT AND DUI COURT): 9 AM ON WEDNESDAYS

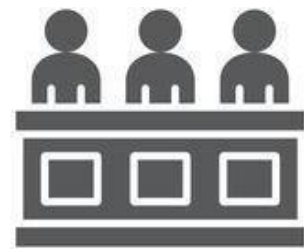
Stanley County Courthouse

You will come to Treatment Court weekly in Phase 1 and Phase 2, every other week in Phase 3, and monthly in Phase 4 and Phase 5. You, the Judge, probation, attorneys, treatment counselors, and other team members will all be in Treatment Court to talk about your progress and any problems you have. You will get to talk with the Judge. You might get incentives (rewards) if you are doing well, and sanctions (consequences) if you are not doing well. A warrant could be issued for your arrest if you do not show up to Treatment Court when you are required to. If you miss Court for an emergency, contact probation right away.

Treatment Court hearings are open to the public. You can invite your family members and supports to come and watch. You should expect other participants' family members and supports and other community members to be at Treatment Court sessions.

COURTROOM RULES:

- ★ **Be on time!** – If you are not in your seat before 9 AM you are late and will get a sanction.
- ★ **Be respectful** to the Judge, the Team, and your fellow participants.
 - Turn off your phone before Court
 - Be quiet and pay attention
 - No sleeping
 - Do not wear:
 - Hats, bandanas, or do-rags
 - Sunglasses
 - Clothes with drug/alcohol logos or gang symbols
 - Clothes that show your underwear
- ★ **Be supportive** of your fellow participants and encourage them with applause.
- ★ **Stand** when the Judge is talking to you.
- ★ **Stay seated** in the courtroom during the entire Court session unless the Judge excuses you.
- ★ **Use Restroom** before Court.



OTHER TREATMENT COURT RULES

★ Follow all directions from the Treatment Court Team

★ Follow all laws

Do not commit any crimes. Do not threaten anyone or commit any violent acts. You can be terminated from Treatment Court for breaking the law. **Tell court services right away if you have ANY contact with police.**

★ Show up and be on time for ALL appointments

If you need to change any appointment (treatment, office visits, etc.), you must do it at least 24-hours before the appointment starts. If you are late or if you miss an appointment, you may get a sanction.



SANCTIONS COULD INCLUDE:

- ✗ Daily planning assignment
- ✗ Increased supervision
- ✗ Community service
- ✗ House arrest
- ✗ Jail
- ✗ Other, as decided by the Judge with help from the Team

★ Be honest and try in treatment

Your treatment plan will be made by you and treatment. You will get both addiction and mental health treatment. You will be in both individual and group sessions. The Team will talk regularly about how you are doing in treatment. **You will be in treatment the whole time you are in TREATMENT Court.** Treatment could include:

- ◆ Assessments
- ◆ IOP (Intensive Outpatient Treatment)
- ◆ CBISA (Cognitive Behavioral Intervention for Substance Abuse)
- ◆ Aftercare
- ◆ MRT (Moral Reconation Therapy)
- ◆ DBT (Dialectical Behavioral Therapy)
- ◆ Individual Counseling
- ◆ Medication Assessment
- ◆ Medication Management
- ◆ MAT (Medication-Assisted Treatment)
- ◆ Low-Intensity Residential Treatment
- ◆ Inpatient Treatment
- ◆ Detoxification services
- ◆ Specialized treatment services
- ◆ Other, as decided by treatment

★ Stay in contact with Probation Officer

Show up for all probation appointments. **Check-in with probation by phone or in-person daily.** Return probation's calls as soon as possible and make sure probation always knows how to contact you. You cannot leave the Hughes/Stamley Co. area without permission. If you abscond, you have voluntarily removed yourself from the program and may be terminated from Treatment Court at the discretion of the Judge. A warrant may be issued for your arrest.

Probation and/or police will visit you in the community during the day or night and with or without notice. You might be drug/alcohol tested. You must allow your person,

property, place of residence and vehicle to be searched and/or seized upon the demand of the Probation Officer at any time of the day or night with or without a search warrant. **Do not have any firearms, weapons, alcohol, drugs (including marijuana), drug paraphernalia, or other contraband.** You must allow your Probation Officer access to any electronic devices or media, including cell phones, smartphones, home computers, and gaming systems and provide password upon request.

IMPORTANT THINGS YOU MUST TELL Probation:

- ◆ Any changes to your phone number
- ◆ Any changes to work or school schedules
- ◆ If you get fired from your job, quit your job, or have any change in employment
- ◆ If you have a significant other, romantic relationship, or sexual relationship
- ◆ **ALL** medications, pills, and supplements you are taking
- ◆ If you relapsed
- ◆ If you had contact with the police or have been arrested

★ Use and update your planner every day

Treatment Court can be overwhelming. Using your planner will help you manage all your program tasks, work tasks and personal tasks. Using your planner will help you focus on the most important things, and you will feel accomplished when you check off what you have done. Checking off completed tasks will help you feel more relaxed when you know you have done everything you are supposed to do. Checking off completed tasks will also help you stay motivated to keep working toward your goals.

Write all your appointments, treatment, meetings, office visits, Court, and daily activities in your planner. **Always carry your planner with you and look in it often.** Probation and Treatment will check your planner regularly.

Using your planner will also help you remember what you have done! If the Team has questions about something that might have happened and wants to know where you were, who you were with, or what you did on a certain day, you can look it up if you write that stuff down! You can also write down all your accomplishments!

★ Change people, places and things

Probation and the Team will talk with everyone involved in your life. This includes significant others, friends, family, employers, doctors, counselors, etc. **Be honest** about all your relationships including significant others, friendships, romantic relationships and sexual relationships.

Do not hang out with people who:

- | | |
|---------------------------|------------------------|
| ✗ Are on felony probation | ✗ Are breaking the law |
| ✗ Are on parole | ✗ Are violent |
| ✗ Have charges pending | ✗ Use drugs/alcohol |

The Team will restrict your contact with certain people if needed. You are not allowed to have romantic or sexual relationships with any Treatment Court participant.

★ **Live in a safe and sober place that supports your recovery**

Tell Court Services where you are living and who you are living with. You need to live in Hughes Co. or Stanley Co. You must live within 30 miles of the Stanley Co. Courthouse so team members can meet with you as needed and so you can be fully available to participate in the program.



Do not have guests or visitors without permission. Do not let someone move in without permission. **Do not move without permission.** The Team might tell you to move if you are not living in a safe and sober place that supports your recovery.

Stay home during your curfew. Do not have guests or visitors during curfew hours. **Ask if you have any questions about when you are supposed to be at home.** Contact probation right away if you have an emergency.

Treatment Court curfew is:

Phase 1
10PM-6AM

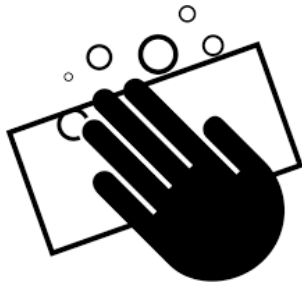
Phase 2
10PM-6AM

Phase 3
11PM-6AM

Phase 4
12AM-6AM

Phase 5
As directed

★ **Keep yourself and your home environment clean and tidy**



Good personal hygiene is keeping all parts of your body clean and healthy. Good personal hygiene is important for health reasons because poor personal hygiene gives germs a perfect environment to grow and that can cause infection. Good personal hygiene is important for social reasons because poor personal hygiene might cause people to avoid you and that might make you feel isolated and lonely.

You can keep yourself clean by regularly:

- ◆ Washing your hands with soap:
 - before making food and eating
 - after going to the bathroom
 - after blowing your nose, coughing, or sneezing
 - after touching garbage or other dirty things
 - after touching pets or pet items
- ◆ Washing your body with soap daily
- ◆ Washing your hair with shampoo daily
- ◆ Changing into clean clothes daily
- ◆ Washing dirty clothes with soap
- ◆ Using deodorant daily
- ◆ Brushing your teeth daily
- ◆ Trimming and cleaning your fingernails

The condition of your home environment can affect your mood and mental health. A clean and tidy home environment can lower stress, keep your mind calm, and keep your body safe and healthy. A dirty home environment gives allergens and germs a perfect

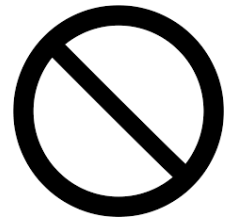
environment to grow and that can cause infection or illness. A dirty home environment can also get you evicted.

You can keep your home clean and tidy by regularly:

- ◆ Put things away when you are done using them
- ◆ Clean up messes as they happen
- ◆ Wash dirty dishes with soap, dry them, and put them away
- ◆ Wash dirty clothes with soap, dry them, fold them, and put them away
- ◆ Take out the trash when it gets full
- ◆ Vacuum and mop your floors
- ◆ Dust your surfaces
- ◆ Clean your bathroom sinks, tubs and toilets
- ◆ Clean your kitchen counters
- ◆ Wash your bedding regularly

★ **Do not have or use drugs or alcohol**

Drugs (including marijuana) and alcohol are not allowed. Do not use or have any drugs or alcohol with you, in your home, or in your vehicle. Do not go to places where drugs or alcohol is the primary sale. Do not use any substances that have not been pre-approved by probation. Admitting you used drugs or alcohol before a test will almost always lessen the sanction you might get. **Honesty is always the best policy.**



★ **Do all drug/alcohol tests as directed**

Drug/alcohol testing helps you with sobriety goals. You will be tested often. You will test on any day of the week, including weekends and holidays. You will be tested by court services, treatment, and Law Enforcement.

TESTING LOCATIONS:

Court Services

Stanley Co. Courthouse

Days: Monday—Friday

Morning UA Times: 7:00 AM—7:45 AM

Afternoon UA Times: 4:00 PM-4:45 PM

Weekend and Holiday Times: 8:30 AM-9:00 AM

24/7 Sobriety Program

Hughes Co. Jail

Days: Daily

PBT Times: 7:00 AM-9:00 AM

7:00 PM-9:00 PM

You will do at least two UAs each week. Your testing color is assigned by court services. Your UAs are randomly scheduled by a computer system. **You must call in daily to find out if it is your day to UA.**

Testing Timeframe:	Morning	Afternoon
Call-In Number:	(605) 461-7630	(605) 461-7631
Notification Update Time:	6:00 AM	2:00 PM

UAs are free. You need to be ready to test when you come in. If you cannot UA within an hour, you will be transported to the Hughes Co. Jail to UA and released after you UA. A missed or late UA will be considered as a positive test.

UAs test for many drugs. UAs also test creatinine levels and oxidants, which show if you are drinking too much water to dilute your urine, contaminating your urine with chemicals, or substituting your urine with a look-alike sample. **Do not try to fake or alter your UA!** You will get in trouble for cheating your UA. You will get help and treatment if you are honest and test positive for drugs or alcohol. A diluted, contaminated or substituted sample will be considered as a positive test.

If your UA is positive but you deny using any drugs or alcohol, the sample will be sent to a lab for testing. You pay for the test if lab results are positive. Treatment Court pays for the test if lab results are negative.

You will also do random alcohol testing. You might also be required to do PBTs, SCRAM, or Remote Breath through the 24/7 Sobriety Program. PBTs are \$1/test, SCRAM is \$6/day, and Remote Breath is \$5/day. A missed or late PBT will be considered as a positive test.

YOU MIGHT GET A SANCTION IF:

- ✗ You are late for a drug/alcohol test
- ✗ You miss a drug/alcohol test
- ✗ You cannot produce enough of a sample to be tested
- ✗ Your urine is diluted, contaminated, or substituted
- ✗ You interfere with a drug/alcohol test in any way
- ✗ Your test is positive for drugs/alcohol
- ✗ Your test is positive for unapproved medications (prescription or over the counter), pills or supplements
- ✗ Your test is positive because of secondhand smoke
- ✗ Your test is positive because you ate poppy seeds

SANCTIONS COULD INCLUDE:

- ✗ Lost Days of Sobriety
- ✗ Community service
- ✗ Shortened testing window
- ✗ Additional testing requirements
- ✗ Jail
- ✗ Other, as decided by the Judge with help from the Team

★ **Tell treatment and probation about ALL prescription medications, over-the-counter medications, pills, and supplements you are taking**

You are responsible for what is in your body. You need to make sure the medicine you are taking and what you are eating/drinking/smoking will not affect drug/alcohol testing. **Read ALL ingredients of what you are eating or drinking or smoking so you know what is going into your body.**

- ✗ Do not take medicine or use products that contain alcohol
- ✗ Do not take medicine or use products that contain THC, CBD, Kratom, etc.
- ✗ Do not eat poppy seeds
- ✗ Do not use synthetic substance (K2, Spice, etc.)
- ✗ Do not take any cleansing/masking products
- ✗ Do not take diet pills without permission
- ✗ Do not take herbal supplements without permission
- ✗ Do not take cold or allergy medication without permission



Using medication that has controlled substances or alcohol is not allowed without

permission and monitoring by treatment and probation. You should work with your doctor to find non-addictive medications and treatment options.

SAFE MEDICATIONS (if used as directed):

- ◆ **Pain:** Tylenol, Aleve, Aspirin, Ibuprofen, Excedrin, Midol, Pamprin (not "PM" options)
- ◆ **Stomach:** Mylanta, Milk of Magnesia, Pepto-Bismol, Metamucil, Miralax, Colace, Dialose, Docusate
- ◆ **Antacid:** Zantac, Pepcid, Prilosec, Tums/Roloids
- ◆ **Flu:** Theraflu, Alka-Seltzer
- ◆ **Cough/Cold:** Mucinex, Delsym, Tessalon Perles (non-alcoholic, pediatric, not "D" or "DM")
- ◆ **Allergies:** Allegra, Claritin, Benadryl, Clarinex, Alavert, Zyrtec, Nasacort/Nasonex, Saline Sprays (not "D" or "DM" options)
- ◆ **Joint Pain:** Tylenol Arthritis, Bengay, Icy Hot
- ◆ **Vitamins:** Multivitamins, Prenatal Vitamins
- ◆ **Other Safe Categories:** Gas Relief; Antibiotics; Antifungals; Hemorrhoid Meds; Asthma Meds; Eye Meds; Ear Meds; Fever Blister Meds; Toothache Relief; Sunscreen; Topical Creams; Vaginal Products; Urinary Products;

DO NOT USE:

- ✗ Cannabidiol (CBD)
- ✗ Sleep Aids
- ✗ Narcotic pain relievers
- ✗ Barbiturates
- ✗ Benzodiazepines
- ✗ Over-the-counter caffeine or diet pills
- ✗ Medications containing Codeine
- ✗ Medications, mouthwash, or topical products containing alcohol
- ✗ Tranquilizers

★ **Take all medications as prescribed**

Take the **right dose**, at the **right time**, in the **right way** and as often **as directed**. **Do not take more than the recommended dose of any medication.**

★ **Attend and participate in recovery support group meetings**

Recovery support groups are AA, NA, SMART Recovery, etc. They should follow a structured model or curriculum. Recovery support groups help you meet new people who want a sober life, they help you learn new skills to conquer cravings, they help support you during difficult emotional times, their members will hold you accountable, and they help you remember you are not alone. Recovery support groups do not replace treatment, but they can give you support and encouragement while you are in treatment. Recovery support groups can also give you lifelong support and encouragement to stay in recovery even after treatment and the Treatment Court program.

Attend and participate in at least two in-person recovery support group meetings each week. Talk to treatment or probation about your recovery support group meeting options. Get proof of attendance to probation. You may be told to attend more meetings as needed.

★ **Find a recovery sponsor and work a recovery program**

You need to find a recovery sponsor and start working a recovery program as soon as possible, but no later than **Phase 2**. You need to go to **3 recovery support meetings each**

week in Phase 2 until you have a sponsor. The person you pick as your sponsor will be responsible for encouraging, guiding, and supporting you on your path to recovery. Your sponsor should be **in recovery themselves** because they will be your role model for learning a new way of life and living sober. Your sponsor should be **at least two years sober**. Your sponsor should be **of the same gender** as you. Your sponsor should **not be a family member**. You should look for someone who will help you get to recovery support group meetings, help you develop new relationships with others in the recovery community, and help you build a strong sober social network. Your sponsor should be willing to listen to your concerns and be able to make suggestions on how you can find help to solve your problems (housing, employment, transportation, relationships, etc.). **Your sponsor must be willing to communicate with the Team** about your attendance at recovery support group meetings, your participation in the recovery community, and your progress toward reaching your recovery goals.

★ **Build a positive social support network and be involved in positive activities in the community**

Social connections have a valuable influence on your life. Positive relationships are important to your happiness, self-esteem, and ability to cope during difficult times. It is best to involve as many positive people as possible in your recovery. Your positive social support network should include people who will help and support you in reaching your goals. Family and coworkers may be part of your social network, but **you must find other positive supports to help you as well**. To build a positive support system outside of family and work, you must make the time to meet new people.

Being involved in positive activities in the community will help you build relationships with others. Fill your free time with activities where people are not drinking, using drugs, or breaking the law. Find activities you enjoy that will improve your health and wellbeing. Explore your spirituality. You can build a positive social support network in your community by going to the gym or an exercise class, doing social activities you enjoy, volunteering, joining a local club or organization, attending church, attending recovery support meetings, enrolling in adult education classes, attending cultural events ect.



★ **Giving Back to the Community (Community Service)**



Our program does several community service projects throughout the year to give back to our communities. Participating in community service can also help you by finding new friends, improving your social skills, connecting you with your community, learning new skills, advancing your career by gaining career experience, and bringing fun and fulfillment to your life. Community Service helps your mind and body by reducing stress and depression, keeping

your mind stimulated, increasing your self-confidence, helping you stay more active and physically healthy, and providing a sense of purpose.

★ **Work full time or go to school**

You need to work 32+ hours a week or go to school while in Treatment Court. **Do not quit your job without permission from court services and the Team first.** Tell court services right away if you get fired from your job. The Team might give you a deadline to find a job if you're not working or in school. You might also be told to do daily job contacts, a job skills program, or Community Service until you find a job. Employment is an important part of the Treatment Court program, but your treatment must come first. If your job starts to interfere with your treatment plan, some changes to your work schedule might be needed.

★ **Make and follow a budget**

You need to make and follow a budget while in Treatment Court. Write down all your bills, including past-due bills and collections. Write down how much you are spending in a month. Write down how much money you make in a month. **Make sure all your bills are paid before you spend money on other things.** This includes paying your Child Support!

You will do a **financial education class** by **Phase 5**. You should talk to probation about your options.

Do not spend more than \$300 on one thing without permission. You must write a Special Request to the Team to get permission first.

You are not allowed to have any financial dealings with any Treatment Court participant without permission. "Financial dealings" means lending or borrowing, buying, or selling things, working for, or exchanging gifts. You must write a Special Request to the Team and get permission first.

★ **Pay your Drug Court costs**

You do not have to pay a fee to be in Treatment Court. You do have to pay your court costs, fines, attorney fees, and any other money ordered at Sentencing. After you make a Payment Plan, **make monthly payments to the Clerk of Courts or auditor until your Court files are paid off.** A monthly payment is required to advance phases.

You will have to pay for some drug/alcohol testing while you are in Treatment Court.

DRUG TESTING COSTS:

- ◆ UAs are FREE at Court Services
- ◆ UAs sent to a lab have costs (costs depends on lab and testing)

ALCOHOL TESTING COSTS:

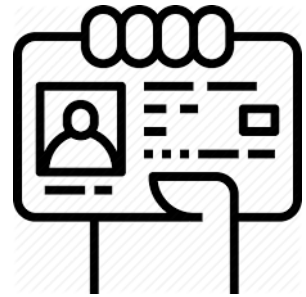


- ◆ PBTs are \$1 per test at the 24/7 Sobriety Program
- ◆ SCRAM is \$6 per day at the 24/7 Sobriety Program
- ◆ Remote Breath is \$5 per day at the 24/7 Sobriety Program

You do not have to pay for your treatment while you are in Treatment Court.

★ **Do not drive without a valid Driver's License and current vehicle insurance**

It is against the law!! If your Driver's License is suspended or revoked, you may be able to request a Work Permit. Talk to the Team if you need help.



OTHER TRANSPORTATION OPTIONS:

- ◆ Walk
- ◆ Ride a bike
- ◆ Get rides from family, friends, or other sober supports
- ◆ River City Transit (transit funds provided for you in Phases 1 & 2)

★ **Do not gamble**

Gambling is just as addictive as drugs and alcohol. **DO NOT go into casinos or gaming/gambling businesses.** Do not play games of chance, lottery, or any kind of betting for money, prize, or something of value.



★ **Stay out of bars, liquor stores, CBD stores, marijuana dispensaries and vape shops**

Even though these substances can be purchased legally, you are NOT allowed to have them or use them in Drug/DUI Court. **DO NOT go into any place where alcohol, cannabidiol (CBD) or marijuana is the primary source of income.**

WRITTEN REQUESTS

All written requests must be turned into Probation by **11:00 AM Tuesday** so they can be shared with the Team and discussed on Wednesday. The Judge will make the final decision about your request.

SPECIAL REQUESTS

Special Requests are used to ask permission for special situations. Your request must be as detailed as possible to include **times/dates, who, what, when, where, why, and how**.

Examples include:

- ◆ Work permit
- ◆ Late curfew
- ◆ Visitors during curfew hours
- ◆ Move or get a roommate
- ◆ Change jobs
- ◆ Adjustments in EM, UAs, PBTs, etc.
- ◆ Purchase any item over \$300
- ◆ Financial dealings with another participant

FINANCIAL REQUEST with BUDGET

Financial Requests are used to ask for financial (money) help. Your request must be as detailed as possible to include what you want, **how much** it costs, **who** or **where** gets paid, and **why** you can't pay for it. Financial Requests must include your updated budget.

TRIP REQUESTS

Trip Requests are used to ask permission to go on overnight or out of the area trips. Your request must be as detailed as possible and filled out completely.

HOLIDAY PLANS

Holiday Plans help you think about how to stay safe and sober during holiday times. Holiday Plans also help the Team know where to find you. **Holiday Plans are required even if you have no special plans during the holiday time.** Your Holiday Plan must be as detailed as possible and filled out completely. Holiday Plans can be turned in early, but they need to be turned in by 5PM of the due date. **If you do not turn in your Holiday Plan by the due date, you will get a sanction.** Sanctions can include House Arrest during the entire holiday time and/or other sanctions which might be community service or jail. You **cannot** have visitors during House Arrest. You **can** go to the 24/7 Program, to Treatment Court appointments as directed, work, and medical appointments.

Holiday Plans are required for:

- ◆ Easter
- ◆ Memorial Day
- ◆ President's Day
- ◆ Independence Day
- ◆ Labor Day
- ◆ Veteran's Day
- ◆ Thanksgiving
- ◆ Christmas
- ◆ New Year
- ◆ Juneteenth

THERAPEUTIC ADJUSTMENTS

Treatment and the Team use therapeutic adjustments to help you achieve sobriety and success. Therapeutic adjustments are changes in your treatment plan if you are struggling to stay sober early in the program, but you are otherwise meeting program expectations.

Possible therapeutic adjustments include (but are not limited to):

- ◆ Updated treatment assessments
- ◆ Increased treatment
- ◆ Increased recovery support group meetings
- ◆ Increased drug/alcohol testing
- ◆ Treatment workbook assignments
- ◆ Writing assignments
- ◆ Evaluation for medication
- ◆ Residential treatment

INCENTIVES

The Team uses incentives (rewards) if you are doing well. Incentives are used to reinforce program rules and expectations. You will earn incentives (rewards) for positive progress and healthy behavior. Examples include (but are not limited to):

- ★ Honesty
- ★ Attending appointments
- ★ Having a positive attitude
- ★ Reaching a milestone
- ★ Accomplishing a goal
- ★ Finding a recovery sponsor
- ★ Avoiding temptation to use drugs/alcohol

Incentives are given by the Team and depend on available resources. Examples include (but are not limited to):

- ★ Applause
- ★ Verbal praise or recognition
- ★ Awards or certificates
- ★ Phase advancement
- ★ Coins or medals
- ★ Gift cards
- ★ Decreased probation supervision
- ★ Extended curfew
- ★ Decreased Court attendance
- ★ Commencement

SANCTIONS

The Team uses sanctions (consequences) if you are not doing well. Sanctions are used to reinforce program rules and expectations. You will earn sanctions (consequences) for negative progress and unhealthy behavior. Examples include (but are not limited to):

- ✗ Dishonesty
- ✗ Disrespectful behavior
- ✗ Not participating in treatment
- ✗ Not updating your daily planner
- ✗ Not attending recovery support group meetings
- ✗ Missing or being late for appointments
- ✗ Missing or being late for UAs/PBTs
- ✗ Interfering with UA or PBT testing
- ✗ Testing positive for drugs or alcohol

Sanctions are given by the Team and depend on the violation. Sanctions increase with multiple violations. Examples include (but are not limited to):

- ✗ Verbal warnings
- ✗ Judicial disapproval
- ✗ Writing assignments
- ✗ Increased Court appearances
- ✗ Increased probation supervision
- ✗ Delay in phase advancement
- ✗ Community service
- ✗ Restricted Monitoring
- ✗ Electronic Monitoring
- ✗ House Arrest
- ✗ Jail
- ✗ Termination

***Community Service Sanctions:**

- ◆ Your community service sanction should be served at a **charity, non-profit or other type of agency/organization**. If you want to do your community service sanction somewhere else, you need permission from court services and/or the Team.

***House Arrest Sanctions:**

- ◆ You **CANNOT** leave your house for unknown reasons or have visitors during House Arrest.
- ◆ You **can** go to the 24/7 Program, Treatment Court appointments, AA meetings, work, Treatment, and approved appointments as directed by the Team.

PROGRAM PHASES

Treatment Court has 5 phases and will take at least 16 months to complete. Each phase helps you grow and heal. **Remember, everyone moves forward at a different pace.**

APPLICATION FOR PHASE MOVEMENT

You must fill out a phase advancement application to move to the next phase. Your application is an important part of your program. Answer all the questions completely and as detailed as possible. You should review your phase application with your **treatment provider**. You should also review your phase application with your **recovery sponsor**.

The time and attention you give to your application will show your commitment to your sobriety and the program. Your application will help the Team decide on your readiness to move phases. You may be asked to update or redo your application if the Team feels it is not complete. Your application must be turned into Court Services by **11:00 AM on Tuesday** so it can be shared with the Team and discussed on Wednesday. The Judge will make the final decision about your phase advancement.

In all Phases of Drug Court, you are expected to:

- | | |
|---|---|
| ☐ Follow program rules and treatment recommendations | ☐ Change people, places, and things |
| ☐ Check in with probation by phone every morning and every evening | ☐ Attend a minimum of 2 recovery support group meetings (AA/NA/SMART Recovery, etc.) each week |
| ☐ Show up for all appointments | ☐ Find and use positive sober supports |
| ☐ Be honest and try in treatment | ☐ Work full-time (32+ hours each week) or go to school |
| ☐ Do random drug/alcohol tests as directed | ☐ Use and update your daily planner |
| ☐ Live in a safe and sober place that supports your recovery | ☐ Make and follow a budget |

See Page 19 for other requirements in each Phase of Drug Court.

OTHER REQUIREMENTS IN EACH PHASES OF TREATMENT COURT:

PHASE 1	PHASE 2	PHASE 3	PHASE 4	PHASE 5
REQUIREMENTS: ☐ Come to Court weekly ☐ Stay home during your 10PM to 6AM curfew ☐ Attend at least 2 support meetings weekly TO ADVANCE: ☐ At least 60 days in Phase 1 ☐ At least 30 days of continuous sobriety ☐ Participating in treatment ☐ Phase 2 Application ☐ Judge approval	REQUIREMENTS: ☐ Come to Court weekly ☐ Stay home during your 10PM to 6AM curfew ☐ Attend at least 3 support meetings weekly TO ADVANCE: ☐ Have a recovery sponsor ☐ At least 90 days in Phase 2 ☐ At least 45 days of continuous sobriety ☐ Participating in treatment ☐ Phase 3 Application ☐ Judge approval	REQUIREMENTS: ☐ Come to Court every other week ☐ Stay home during your 11PM to 6AM curfew ☐ Do a financial education class TO ADVANCE: ☐ Begin a recovery program with sponsor ☐ At least 90 days in Phase 3 ☐ At least 60 days of continuous sobriety ☐ Participating in treatment ☐ Phase 4 Application ☐ Judge approval	REQUIREMENTS: ☐ Come to Court monthly ☐ Stay home during your 12AM to 6AM curfew ☐ Attend at least one Alumni Group meeting (held once a month) TO ADVANCE: ☐ At least 120 days in Phase 4 ☐ At least 120 days of continuous sobriety ☐ Participating in treatment ☐ Continue recovery program with sponsor ☐ Involved in positive activities and the recovery community ☐ Phase 5 Application ☐ Judge approval	REQUIREMENTS: ☐ Come to Court monthly ☐ Stay home during your curfew as directed ☐ Keep working a recovery program with your recovery sponsor ☐ Develop a recovery maintenance plan ☐ Attend at least one Alumni Group meeting (held once a month) TO ADVANCE: ☐ See Page 20 for COMMENCEMENT requirements

COMMENCEMENT

You will graduate from Treatment Court when you have met all program requirements, you have completed treatment, and you have achieved continued sobriety. To graduate you will participate in a Commencement Ceremony. The Commencement Ceremony is a very important event. Your family members and supports can be invited. **Commencement Ceremony dates are decided by the Team and may not happen right away.** You must continue to follow all Treatment Court rules and conditions until you have participated in the Commencement Ceremony and received your certificate. After graduation, you might still be on probation until you have completed your probation sentence.



LIFE PLAN

You must fill out a Life Plan before commencement. Get your plan from Court Services. Your plan is an important part of your program. Answer all the questions completely and as detailed as possible. You should review your plan with your **treatment provider** and your treatment provider should sign it on the front page. You should also review your plan with your **recovery sponsor** and your recovery sponsor should sign it on the front page.

The time and attention you give to your plan will show your commitment to your recovery and your future. Your plan will help the Team decide on your readiness to move on. You might be asked to update or redo your plan if the Team feels it is not complete. You might also have to meet with the Team to answer questions about your plan. The Judge will make the final decision about your Commencement.

BEFORE APPLYING FOR GRADUATION:

- | | |
|---|---|
| ☐ At least 120 days in Phase 5 | ☐ Safe and stable housing |
| ☐ At least 120 days of continuous sobriety | ☐ Progress to pay Court Costs on your Drug Court file(s) |
| ☐ At least 14 days with no sanctions | ☐ Current on 24/7 Sobriety Program payments |
| ☐ Progress toward completing your treatment program | ☐ Full-time employment or school attendance |
| ☐ Good with probation | ☐ Written <u>Commencement Plan</u> |
| ☐ Working a recovery program with your recovery sponsor | ☐ Written <u>Exit Interview</u> |
| ☐ Involved in positive activities and the recovery community | ☐ Judge approval |
| | ☐ Participation in the Commencement Ceremony |

EXIT INTERVIEW

You must also complete a written Exit Interview to graduate from Treatment Court. Get your interview from probation. Your interview gives you a chance to tell the Team how you feel

about your journey in Treatment Court. Your interview also gives you a chance to give suggestions on how to improve the program. Your interview must be turned into Court Services before the Commencement Ceremony. **The information in your interview has no effect on whether you graduate from Treatment Court.**

ALUMNI

Graduation is not the end, but the start of a new chapter in your life. It is a great accomplishment and takes a lot of work to get to this point. You will have made major changes that have prepared you for the next chapter in your life --- **being sober and healthy.**

After graduation, you are invited to join the **Treatment Court Alumni Group**. The group is separate from the Treatment Court program. Members of the group are graduates of Treatment Court who volunteer their time. They support the Treatment Court program and participants. They attend Court when possible and help with Commencement Ceremonies. They educate the public on the Treatment Court program. They lead by example of sobriety, community service, and attendance at peer recovery support groups (AA/NA/SMART Recovery, etc.) and social events.



TERMINATION

If you are not following the rules of Treatment Court, you may be terminated from the program. Reasons for termination could include (but are not limited to):

- ✗ Not participating in treatment
- ✗ Not attending Court sessions
- ✗ Breaking Treatment Court rules
- ✗ Absconding
- ✗ Concern for public safety
- ✗ Threat to the integrity of the program
- ✗ There are no more treatment options to help you
- ✗ Committing a crime
- ✗ Distributing drugs or driving under the influence
- ✗ Threatening, abusive, or violent behavior
- ✗ Tampering with drug/alcohol testing
- ✗ Inability to pass drug/alcohol tests
- ✗ Failure to make progress
- ✗ Any other reasons the Team finds necessary for termination

If termination is started, you will get written notice of the allegations against you. You will meet with an attorney to talk about your options. If you deny the allegations, you will have an Evidentiary Hearing, where you can call witnesses to testify on your behalf and you can cross-examine any witnesses that testify against you. The Treatment Court Judge will decide whether you violated the rules of the Treatment Court program. You will have a chance to talk directly to the Treatment Court Judge and Team during a Termination Hearing. The Treatment Court Judge will make the final decision about termination.

Treatment Court (Drug Court/DUI Court) is a voluntary program. **You can ask to remove yourself from the program at any time.** However, your probation will be revoked if you do not successfully complete the program. **If you abscond from probation while in Treatment Court, you have voluntarily removed yourself from the program** and will be terminated from Treatment Court without any further motions or hearings.

If you are terminated from Treatment Court, you will be returned to a Sentencing Judge for Probation Violation. The Sentencing Judge will make the final decision about probation revocation and sentence, limited only by the maximum penalty allowed by law.