

## BENEFITS THEY'VE EARNED SUPPORT THEY DESERVE

The majority of our veterans return home strengthened by their military service, but many struggle with trauma, mental illness (such as PTSD), and substance use disorders. These issues can be exacerbated by the loss of structure and camaraderie found in the military. Veterans treatment courts (VTCs) provide treatment, accountability, and mentoring, and they help connect justice-involved veterans with the benefits they've earned. VTCs save the lives, families, and futures of our veterans while also saving taxpayer dollars.

The most recent study, published by the *Community Mental Health Journal*, found that *veterans who participate in veterans treatment courts experience significant improvement* in:

- ✓ Depression
- ✓ PTSD
- ✓ Substance use
- $\checkmark$  Mental and emotional health
- ✓ Housing
- ✓ Relationships and social connection
- $\checkmark~$  Overall functioning and well-being

## LEARN MORE: JUSTICEFORVETS.ORG

 $<sup>\</sup>frac{1}{2}$  U.S. Department of Veterans Affairs (2016).

<sup>&</sup>lt;sup>2</sup> Tanielan, T. & Jaycox, L. (2008). Invisible Wounds of War: Psychological and Cognitive Injuries, Their Consequences, and Services to Assist Recovery. Washington, DC: RAND Ctr. For Military Health Policy and Research. Berzofsky, M., Bronson, J., & Noonan, M. (2015). Veterans in Prison and Jail, 2011-12. US Department of Justice, Office of Justice Programs, Bureau of Justice Statistics. Available at: http://www.bjs.gov/content/pub/pdf/vpj1112.pdf.