

Our mission is to share healing and addiction wellness through genuine connection, data and community-informed solutions.



What is peer coaching?

## About us

- Face It TOGETHER was established in 2009 in Sioux Falls
- We provide effective, science-based peer coaching for people impacted by addiction, including loved ones by phone, video or inperson.
- We serve members in more than 46 states.



# Coaching overview

- The power of the peer
- Somewhere between counselors and sponsors
- All coaches are employees
- Extensive coach training and Quality Assurance process



# Coaching overview

- Emphasizes shared lived experiences
- Member placement for best match
- No set treatment plan



# Recovery pathways

- Completely member-led
- Variety of coach experiences to call upon
- Harm reduction
- Navigation services



### Loved ones

- Communication, boundaries, modeling behavior change
- Compassionate approaches
- Help is available, regardless if their PAR wants to get better

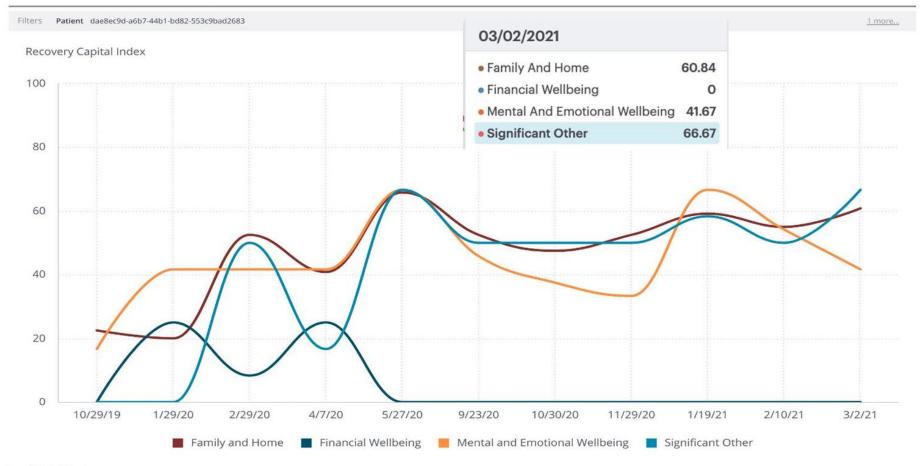




# Recovery Capital

PERSONAL CAPITAL	SOCIAL CAPITAL	CULTURAL CAPITAL
<ul> <li>General Health</li> <li>Mental/Emotional Wellbeing</li> <li>Nutrition</li> <li>Employment</li> <li>Education</li> <li>Financial Wellbeing</li> <li>Housing &amp; Living Situation</li> <li>Transportation</li> <li>Clothing</li> </ul>	<ul> <li>Family Support</li> <li>Significant Other</li> <li>Social Support</li> <li>Social Mobility</li> <li>Healthy Lifestyle</li> <li>Access to Healthcare Safety</li> </ul>	<ul> <li>Beliefs</li> <li>Values</li> <li>Spirituality</li> <li>Sense of Purpose</li> <li>Cultural Relevance</li> <li>Sense of Community</li> </ul>







#### AT 60 DAYS OF COACHING:



89% reduce the negative impact on their employment



79%
reduce involvement with criminal justice system because of addiction-related issues

#### AT 90 DAYS OF COACHING:



75%
reduce their
healthcare usage
because of addictionrelated issues



75% are now seeing a primary care physician

### AT 120 DAYS OF COACHING:



83%
have more meaningful participation in their community

### Loved Ones

AT 30 DAYS OF COACHING:



33% have more meaningful participation in their community

AT 60 DAYS OF COACHING:



38% now have people in their community that look to them for support

AT 90 DAYS OF COACHING:



69% are less likely to have addiction negatively impacting their employment

# How to get started

- Reach out to us at 605-274-2262 or via our website at Get Started
- Onboarding process via phone and email assessments
- Grants and sponsorships available
- Generally, in the first coaching session within 4-5 days



### Treatment courts

- Currently active in Minnehaha and Codington County treatment courts
- Consistent weekly presence/building trust
- Staff partnership
- "Coffee and Connect" example



### Meet our coaches



# Carlos Guirola COACH, SIOUX FALLS

Carlos grew up in a household with abuse, which he escaped by going out with friends and drinking. He has found his wellness through cultivating self-love and identifying his life values.



## Meet our coaches



### **Kattie Lail**

DIRECTOR OF OPERATIONS/COACH, SIOUX FALLS

Kattie grew up in a home with addiction and spent three years in federal prison for drug-related charges. She has a passion for criminal justice reform and wants to serve as a voice for those who are voiceless.

# Face it better, together.

### WeFaceItTogether.Org

Live chat with a coach care@wefaceittogether.org 855.539.9375 (call or text)

