

SECOND CIRCUIT MENTAL HEALTH COURT PARTICIPANT HANDBOOK



425 N Dakota Ave
Sioux Falls, SD 57104



SHOW UP

TRY

BE HONEST

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Greetings,

Welcome to Mental Health Court! We consider it a privilege to serve as the judges for Mental Health Court. We are committed to helping you succeed and graduate.

You will quickly learn that Mental Health Court is different than regular court. Here, there is an entire team of people including counselors and treatment professionals who will encourage you to develop skills to help you be ready for life after graduation.

This handbook is intended to help you understand how to be successful in Mental Health Court. As a participant, you are responsible for your actions and this handbook will serve as a guide for those actions.

We—and the rest of the team—look forward to supporting, encouraging, and occasionally challenging you as you take this great leap towards a new life.



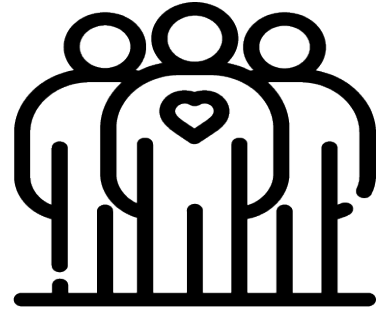
Circuit Court Judge James Power



Circuit Court Judge Rachel Rasmussen

Mental Health Court Team

Judge James Power
Judge Rachel Rasmussen
Michael Hanson – Coordinator
Audie Murphy – Prosecutor
Traci Smith – Defense Attorney
Kallie Steffens – Court Services Officer
Angie Poile – Substance Use Disorder Counselor
Melissa Tauer – Mental Health Counselor
Jaclyn Behrend – Case Manager
Carley Bingham – Case Manager
Sarah VanVoorst – Law Enforcement
Michelle Boyd – Law Enforcement



Mission Statement

The mission of South Dakota's Mental Health Court Programs is to enhance public safety and improve the quality of life for participants, their families, and communities statewide by holding participants accountable through a judicially monitored regimen of supervision and treatment to promote long-term recovery.

Overview

Your participation in Mental Health Court requires frequent court appearances, active participation in your treatment/case plans, medication management and cooperation with probation and case management.

In MHC, positive and negative behaviors result in immediate reactions. When you are compliant, move forward and achieve success, you will be incentivized and recognized by the team. If you are not compliant with MHC, sanctions would be imposed.

Eligibility Criteria

- ✓ At least 18 years old
- ✓ Facing criminal charges and eligible for probation (see SDCL 23A and 27-12)
- ✓ Agree to be in the program
- ✓ Willing to adhere to Mental Health Court Rules
- ✓ Mental Health issues that meet Severely Mentally Ill (SMI) and IMPACT criteria
- ✓ You would benefit from medication stabilization as one of the primary treatment interventions
- ✓ Willing to live where the mental health team can supervise

Application Process

Your attorney will help you decide if you should apply for Mental Health Court and will help you fill out an application.

- ✓ Fill out application at the end of this Handbook with attorney
- ✓ Application can be sent to Michael.Hanson@ujs.state.sd.us
- ✓ Records must be gathered to determine if you meet SMI eligibility. Please sign releases to help with this process.
- ✓ Releases will be sent to Southeastern Behavioral Health where staff will determine eligibility
- ✓ You will meet with Melissa Tauer from Southeastern Behavioral Health for a Mental Health Assessment
- ✓ You will meet with Kallie Steffens, Court Services officer for an interview and risk/needs assessment
- ✓ If you have any chemical dependency concerns, you will meet with Angie Poile for a SUD Assessment
- ✓ Once your assessments have been completed, your attorney will receive notice if you have been accepted into program. If accepted, a plea into Mental Health Court will be set.

Mental Health Court Costs

You are required to pay your costs, fines, fees and attorney fees. Work with your court services officer to make a payment plan. Other fees you may be required to pay for include: 24/7, SCRAM, Interlock or Medications

Why Mental Health Court?



- ◆ Achieve sobriety
- ◆ Address mental health problems
- ◆ Improve physical health



- ◆ Have a safe and stable place to live



- ◆ Have meaningful daily activities (job, school, volunteering, family caretaking, creative projects)
- ◆ Be a productive member of society



- ◆ Build relationships and social networks that provide support, friendship, love, and hope

Confidentiality

A basic part of Mental Health Court is being willing to share information about your mental health with the team. To participate in this program, you will be required to sign Releases of Information (ROI's) for communication with other providers regarding your medical records, individual treatment providers, participation in groups and your overall progress. If you have any more questions about how confidentiality works, please talk to one of your treatment providers or case manager.

Courtroom Rules

Your behavior should reflect that you are in Court and it is expected that you treat the Judge, other participants and community providers with respect. You are expected to remain in the courtroom for the duration of the session, unless you have prior approval to be excused. You will provide support and encouragement to other participants in the program.

- ✓ Be on time
- ✓ Stay quiet and pay attention
- ✓ Turn off cell phones
- ✓ Do not wear hats or clothing with drug, alcohol or gang logo

People, Places, Things

The Mental Health Court team may order that you have no contact with certain people, places or things that we believe are harmful to your success in the program. The team must approve any living arrangements, driving arrangements and any future employment opportunities. You cannot leave Minnehaha county unless you have prior approval from your court services officer. You cannot possess any alcohol, marijuana, controlled substances and/or synthetics; you cannot enter establishments where these items are the primary items being sold.

Drug Testing

Drug testing is frequent and random throughout the duration of the MHC program. Every day you will call **605-303-6077** to determine if your color has been called.

Monday through Friday Testing

Minnehaha County Courthouse
425 N Dakota Ave
Sioux Falls, SD 57104
8 AM – 10 AM

Weekend and Holiday Testing

24/7 Location
305 W 4th St
Sioux Falls, SD 57104
7AM – 9AM

Positive tests will be reported to the team. When asked about use, remain honest.

If you deny, test results will be sent in for lab confirmation. If results come back positive, you will be responsible for the lab testing fees. Appropriate sanctions or therapeutic adjustments will be given.

Medication

If a doctor gives you any medication in response to an illness or injury, you must tell your court services officer and case manager. We will need to see any documentation of any medication given.

Below is a list of APPROVED OVER-THE-COUNTER (OTC) MEDICATIONS

By listing the following medications as “approved,” Mental Health Court is not endorsing or recommending the use of these medications because taking even over-the-counter medications can lead to adverse results including but not limited to allergic reactions.

The following medications are approved for Mental Health Court participants to take without prior permission. Any medications **not** listed must have prior approval. If you are unsure if a medication is allowed, check with your CSO **before** taking it.

Medications must be taken at the appropriate dosage listed on the drug’s label or it could lead to a positive urine test, which may lead to a sanction, including loss of your sober days. DO NOT TAKE MORE THAN THE DOSAGE INDICATED.

EACH DRUG LISTED MUST BE TAKEN AS LISTED AND WITHOUT ANY OTHER ADDITIVES: Tylenol is approved, **not** Tylenol Cold or Tylenol PM or Nighttime.

DO NOT TAKE: Any CBD products, including vape products; Kratom, K2 or any variant; any product containing alcohol. Additionally, items like energy drinks or baked goods with poppy seeds are not a valid excuse for a failed drug test. You are responsible for what you ingest.

PAIN (no PM formulas):

Acetaminophen 500 mg., 1 or 2 tablets every 4 – 6 hours

Ibuprofen 200 – 800 mg., every 4 – 6 hours as needed

Aspirin

Excedrin Migraine

STOMACH:

Mylanta

Milk of Magnesia

Pepto Bismol

ANTACIDS:

Zantac

Pepcid

Prilosec

Tums / Roloids or store brand equivalent

FLU SYMPTOMS:

Theraflu

Alka-Seltzer

COUGH / COLD:

Delsym (non-alcoholic/pediatric)

Mucinex (cannot be D or DM)

ALLERGIES (none can be the D or DM formula):

Claritin

Allegra

JOINT PAIN:

Tylenol Arthritis

BenGay muscle rub and thermal patches

Icy Hot muscle rub and thermal patches

VITAMINS (no sports additives, herbal remedies or supplements):

Multivitamins

Prenatal vitamins

Incentives, Sanctions and Therapeutic Adjustments

What are Incentives?

An incentive is an acknowledgement by the Mental Health Court Team that you have reached a milestone or have completed a goal towards my recovery. Incentives can include but are not limited to the following.

Expected behavior

- ✓ Honesty
- ✓ Accomplishing goal
- ✓ Positive attitude
- ✓ Adjusting well to Program
- ✓ Obtaining support in recovery
- ✓ Avoiding temptation to relapse

Incentive

- ✓ Applause/ Verbal praise
- ✓ Acknowledgement from the court
- ✓ Gift card to local restaurant
- ✓ Movie pass
- ✓ Progression in the program

What are Sanctions?

Sanctions are given for not following the program. Not following the rules of the program is a violation. The Mental Health Court Judge and Team will decide sanctions based on violations. Sanctions can include but are not limited to the following:

Inappropriate Behavior

- ✓ Dishonesty
- ✓ Failure to maintain journal
- ✓ Failure to attend recovery meetings
- ✓ Reporting late to PBT or UA
- ✓ Testing positive on PBT or UA

Possible Sanction

- ✓ Verbal warning
- ✓ Written letter
- ✓ Community Service
- ✓ Loss of sober days
- ✓ No phase progression

What are therapeutic adjustments?

A therapeutic adjustment is a change in a treatment plan. Therapeutic adjustments can include but are not limited to the following.

- ✓ Increased self-help meetings
- ✓ Increased drug/alcohol testing
- ✓ Completion of treatment workbooks
- ✓ Motivational interviewing exercises
- ✓ Evaluation for possible medication

- ✓ Increased court appearances
- ✓ Increased treatment
- ✓ Additional assessments or evaluations
- ✓ Modification of individualized treatment plan
- ✓ Residential treatment

Phases and Requirements

PHASE 1: (Usually 60 Days)

- ✓ Attend court weekly
- ✓ Comply with treatment
- ✓ Comply with supervision
- ✓ Develop case plan
- ✓ Weekly office visits
- ✓ Monthly home visits
- ✓ Comply with drug testing
- ✓ Address housing
- ✓ Address medications
- ✓ Address money/finances
- ✓ Obtain medical assessment
- ✓ Change people, places and things

PHASE 2: (Usually 120 Days)

- ✓ Attend court weekly
- ✓ Comply with treatment
- ✓ Comply with supervision
- ✓ Review case plan
- ✓ Weekly office visits
- ✓ Monthly home visits
- ✓ Comply with drug testing
- ✓ Begin recovery network program
- ✓ Solidify housing
- ✓ Address medications
- ✓ Address money/finances (do budget assessment)
- ✓ Continue addressing medical needs
- ✓ Change people, places and things

PHASE 3: (Usually 90 Days)

- ✓ Attend court bi-weekly
- ✓ Comply with treatment
- ✓ Comply with supervision

- ✓ Review case plan
- ✓ Bi-weekly office visits
- ✓ Monthly home visits
- ✓ Comply with drug testing
- ✓ Solidify housing
- ✓ Address medications
- ✓ Begin criminal thinking program
- ✓ Establish pro-social activity
- ✓ Engage in recovery network
- ✓ Continue addressing medical needs
- ✓ Change people, places and things

PHASE 4: (Usually 90 Days)

- ✓ Attend court monthly
- ✓ Comply with treatment
- ✓ Comply with supervision
- ✓ Review case plan
- ✓ Monthly office visits
- ✓ Monthly home visits
- ✓ Comply with drug testing
- ✓ Maintain housing
- ✓ Maintain medications
- ✓ Maintain pro-social activity
- ✓ Engage in recovery network
- ✓ Continue addressing medical needs
- ✓ Change people, places and things

PHASE 5: (Usually 60 Days)

- ✓ No court required
- ✓ Engage with treatment
- ✓ Engage with supervision
- ✓ Review case plan
- ✓ Monthly office visits
- ✓ Monthly home visits
- ✓ Comply with drug testing
- ✓ Maintain housing
- ✓ Maintain medications
- ✓ Maintain pro-social activity
- ✓ Maintain recovery network
- ✓ Continue addressing medical needs
- ✓ Change people, places and things

Once you have completed all Phases, you can graduate from the program. You will be required to submit a written request to the team asking to graduate from Mental Health Court and explain all that you have accomplished.

- ✓ Complete Phase 5
- ✓ Medication stabilization and compliance
- ✓ I have stable housing
- ✓ I have been in the mental health court program for at least 18 months
- ✓ Complete case plan
- ✓ Complete graduation plan

Once approved for completion, there will be a special commencement ceremony in your honor to congratulate you for all that has been accomplished. This will be a very important event and loved ones and family members will be asked to join the celebration.



Continuing Care

After commencement, treatment services will be available for you to attend.

You will remain connected to Southeastern Behavioral Health for case management and medication needs. A team member will also contact you within 90 days of graduating the program.

Who is my attorney?

Your Mental Health Court defense attorney is Traci Smith. Traci is a member of the Mental Health Court team, she is also **your attorney**. You have the right to get your own attorney if you want. As your attorney, you will have the attorney-client privilege, which allows you to share privileged and confidential information with her which she cannot share with the team unless you give her permission to do so.

Traci Smith's job is to help you understand your rights and the requirements of the Mental Health Court program. The Mental Health Court Judge makes all final decisions, but your attorney will advocate for you to the Judge and the team. Your attorney will defend your legal rights, make sure you get fair and equivalent treatment, and share your view on things like incentives and sanctions, phase advancement, and graduation or termination. Traci will represent you in evidentiary hearings if you want to question the facts used to decide on sanctions or terminations. Traci will represent you if you are facing termination from Mental Health Court. If you are facing a probation violation after termination from Mental Health Court, a new attorney will be appointed for you unless you request to continue working with

Traci. In addition, if you can pay for an attorney, you always have the right to retain an attorney of your choice.

Your attorney, Traci will attend Mental Health Court sessions and she can answer questions you might have during Mental Health Court. You should contact her **before** Mental Health Court if possible to talk about any issues that might come up. You can reach her at 605-367-4242.

What happens when you fail to follow the rules of Mental Health Court?

When you fail to follow the rules of the program, you can be terminated from Mental Health Court.

Some examples of reasons to terminate are:

Reasons to be terminated can include but are not limited to the following:

- ✓ Concern for public safety
- ✓ Threat to the integrity of the program
- ✓ Available treatment options have been exhausted, and the participant is no longer working towards recovery
- ✓ Violating rules of the Mental Health Court
- ✓ Commission of a crime
- ✓ Failure to attend Mental Health Court hearings
- ✓ Abandonment of treatment program
- ✓ Evidence that participant is involved with drug dealing or driving while under the influence
- ✓ Evidence that participant is involved in any threatening, abusive, or violent verbal or physical behavior towards anyone
- ✓ Tampering with drug/alcohol screening tests
- ✓ Inability to pass required drug/alcohol screening tests for any reason
- ✓ Failure to make satisfactory progress
- ✓ Any other grounds that the Mental Health Court Team finds sufficient for termination

Process for Termination

- ✓ A member of the Mental Health Court Team makes a motion for termination.
- ✓ My court services officer will give me a written copy of the possible violations and the Judge will advise me of my rights, including the right to have an attorney.
- ✓ You can ask for an attorney to be appointed to represent you.
- ✓ You will have a chance to talk to the Judge and the Team concerning the motion to terminate from the program.
- ✓ The Judge makes the final decision if you will stay in the program.
- ✓ If you are terminated, the Court will advise you of your rights concerning potential probation revocation and appoint you an attorney.
- ✓ You are required to participate in a termination interview and may be subject to a probation revocation proceeding.

Voluntary Removal

You may request to be removed from the Mental Health Court Program. Before the team considers your request, you must visit with your attorney because failing to complete the program generally has negative legal consequences.

IMPORTANT PLACES FOR ME TO REMEMBER

Southeastern Behavioral Health:

Mental Health Services
100 W 5th St
Sioux Falls, SD 57104
605-336-0503

Volunteers of America:

Substance Use Services
1309 W 51st St
Sioux Falls, SD 57105
605-334-1414

Probation Office:

425 N Dakota Ave
Sioux Falls, SD 57104
605-367-5930

NAMI:

1601 E 69th St
Sioux Falls, SD 57108
605-271-1871

National Crisis Hotline: 988

Emergency: 911

Helpline: 211



Participant Handbook Receipt
and
Acknowledgement Form

I have been given a copy of the **Participant Handbook**. I will read and follow the rules of the program.

Participant Signature

Date

Participant Name Printed



Publicity Consent /Release Form

I accept and approve the use, printing, and copying of all media by the Problem-Solving Court. This includes all pictures or videos taken of me. My name may or may not be included for media, promotional, educational, and other purposes. I realize this coverage may use my picture, with or without further explanation. This could be alone or with other pictures, in a story, on a website, or on a cover of any or all public materials for Problem-Solving Court.

I release the Problem-Solving Court, its staff and employees, or anyone it authorizes, from all claims relating to or arising from the use of the consented items above.

I am over eighteen years of age. I have read this agreement or have had it read and explained to me. I fully understand what it means. I have signed this by my own free will without force.

Name:	
Address:	
City:	
State:	
Zip Code:	
Telephone:	

This consent/release will remain in use and cannot be revoked by me until:

- ✓ Successful completion of the Problem-Solving Court
- ✓ Discharge from court-ordered supervision or probation
- ✓ Termination of my involvement with the Problem-Solving Court
- ✓ Sentencing for violating the terms of my Problem-Solving Court involvement

Participant Signature

Date

Participant Name Printed

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